A qualitative study was conducted to identify relevant qualitative studies or patient testimonials from journal articles, conference proceedings, and patient advocacy group websites. Interviews lasting 40 minutes were conducted with patients with BMD aged 12–17 years and adults aged 18–55 years. Participants were from the US.

Inclusion criteria required patients to be ambulatory but could have a range of disease severity. Participants were included if they experienced a score of 0–0.00 based on “ambulatory status”, i.e., there was no symptom that bothered them when it is at its worst.

Patients were also asked to rank their top 5 most bothersome impacts of living with BMD.

Data were analyzed using thematic analysis techniques, and a model was developed to depict the experience of BMD.

### Reference